



# Monarch Garden Inc.

**“A Garden of Helping Hands”**

**Quick Print Info & Voucher Package**

**Monarch Garden Inc Complimentary Care Plan on Initial Visit**

**All of Monarch Garden Inc's helping hands are professionally trained to provide the most loving care for your loved one. Have piece of mind knowing we will care for yours' as if they were our own.**

**We provide superior home care for seniors to enable them to stay as independent as possible.**

Whether it is a spouse, a parent, or even a friend, there are signs that perhaps your loved one may need services by a caregiver agency. There are many things to look for from physical and mental limitations to their ability to keep up with housekeeping and finances. Difficulty walking or unsteadiness on their feet can lead to falls, which is a huge safety risk for an elderly person. Also, if you have noticed diminished driving skills or near misses while driving, elder care services may be something to look into to protect them, as well as others. A change in eating habits may be observed, or they may not be able or willing to cook for themselves anymore. There can be a lack of nutritious food available in their homes, and maybe spoiled food in their refrigerator. There may be a concern about the safety of them cooking for themselves, and good nutrition is mandatory for their health. Grooming can become a problem for the elderly. If you have noticed his/her personal hygiene is not as good as it should be, this is another sign of your loved one is needing some help keeping up with their daily routines. Administering medications may also lead to the need for elder care services. This is critical for their health preservation and safety. Sometimes prescription drugs are very complicated to keep up with and the elderly need assistance in being reminded when their daily dosages should be taken. Housekeeping and paperwork may also be something that is not being kept up with for your loved one. There can be unopened mail and past due

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**14203 Rick Dr. Shelby Township, Mi 48315**

**Lisa McFarland R.D. NHA**

**Owned & Operated Registered Dietitian & Nursing Home Administrator**

**Phone (586)247-3513 x201 • Fax (586) 247-5101**

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bills leading to mishandled finances, and added stress. Sometimes a loss of interest in socializing or activities that they typically enjoyed can be a warning. If they have difficulty concentrating, poor judgment, or even a personality change, it may be a sign of Dementia or Alzheimers disease. Confusion and struggling to complete familiar actions can be signs of the onset of one of these cognitive disorders. Your loved one may misplace familiar objects, become depressed and irritable, and be forgetful and lose memory. All of these are indicators that one may need elder care services.

### Services provided are not limited to:

Companionship and Conversation Morning and wake-up aid	Respite Care Appointment scheduling	Monitor diet Medication reminders	Check food expirations Reading assistance	Evening and tuck-in assistance Aid with walking
Writing letters and correspondence Reminisce about past experiences	Organizational assistance Assistance with clothing selection	Mental awareness stimulation Caring for plants, garden	Assist with entertaining Reminders for appointments	Answer the door Discussions on current or historical events
Crafts and games or cards	Supervise maintenance of home	Recording and arrangement of recipes	Recieve home deliveries	Prepare grocery list, clip coupons
Monitor TV usage	Mail bills and letters	Purchase magazines, paper or books	Rent, return and play movies	Plan outings

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Visit friends, family or neighbors Prepare, plan and clean up meals	Provide Alzheimer's Care Make bed, dust	Laundry and ironing Drop off and pick up dry cleaning	Take garbage out Drop off and pick up prescriptions	Change linens Organize and clean closets
Care for pets	Shopping errands	Prepare future meals	Escort to religious services	Attend club meetings and sporting events
Eating	Grooming/Dressing	Bathing	Incontinence	Cognitive impairment & Mobility



Use this voucher to receive  
**\$50.00 off**  
 your first week of services provided by  
**Monarch Garden Inc.**  
 14203 Rick Dr. Shelby Twp. MI 48315  
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 not refundable for cash

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